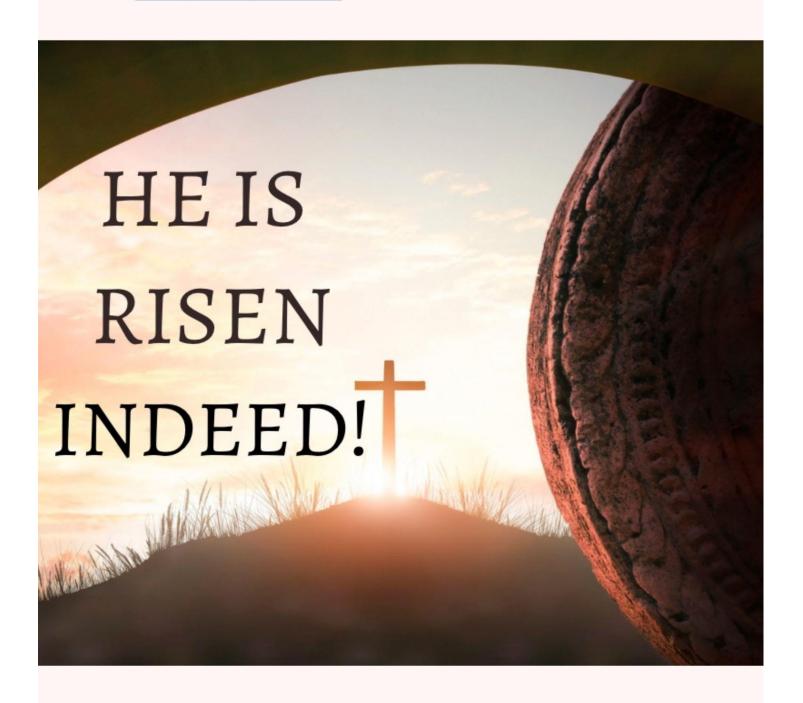
BUILDING LIVES FAMILY CHURCH

FAITH NEWS

MARCH 2024

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From the desk of Dr. Rodney Barlow, Pastor

Resurrection Message

Jesus Made The Great Exchange

Isaiah 64:6 But we are all like an unclean thing, And all our righteousness are like filthy rags; We all fade as a leaf, And our iniquities, like the wind, Have taken us away.

II Corinthians 8:9 For you know the grace of our Lord Jesus Christ, that though He was rich, yet for your sakes He became poor, that you through His poverty might become rich.

II Corinthians 5:21 For He made Him who knew no sin to be sin for us, that we might become the righteousness of God in Him.

John 10:10 The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly.

Ephesians 2:8-9 For by grace you have been saved through faith, and that not of yourselves; it is the gift of God, 9 not of works, lest anyone should boast.

Ephesians 2:10 Amplified Bible

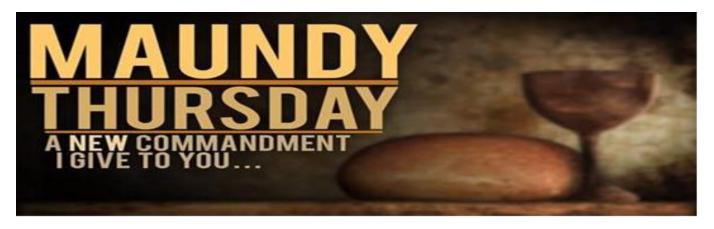
For we are God's [own] handiwork (His workmanship), recreated in Christ Jesus, [born anew] that we may do those good works which God predestined (planned beforehand) for us [taking paths which He prepared ahead of time], that we should walk in them [living the good life which He prearranged and made ready for us to live].

Romans 5:17 For if by the one man's offense death reigned through the one, much more those who receive abundance of grace and of the gift of righteousness will reign in life through the One, Jesus Christ.)

Philippians 1:6 Being confident of this very thing, that He who has begun a good work in you will complete it until the day of Jesus Christ;

Psalms 138:8 The Lord will perfect that which concerns me; Your mercy, O Lord, endures forever;

II Timothy 1:9 who has saved us and called us with a holy calling, not according to our works, but according to His own <u>purpose and grace</u> which was given to us in Christ Jesus before time began.



What Does "Maundy" Mean?

Derived from the Latin word mandatum, meaning "commandment," Maundy refers to the commands Jesus gave his disciples at the Last Supper: to love with humility by serving one another and to remember his sacrifice.

Jesus as a suffering servant and the call for his followers to do the same. It also draws a connection between the Passover sacrifice, a Jewish tradition, and Jesus Christ's sacrificial role on the cross.

The night before Jesus was crucified, he had a Passover supper with his disciples. (Passover is a Jewish holy day that celebrates God's deliverance of the Israelites from their slavery in Egypt.)

After supper, Jesus knew that this would be his final opportunity to instruct his disciples before the crucifixion, so he talked at length about his purposes, what his followers should do in response, and the promise of the Holy Spirit to come. He then washed his disciples' feet in an incredible demonstration of humility and servanthood.

Finally, he gave bread and wine to his disciples and asked them to partake of it in remembrance of him. The act of partaking bread and wine is called Communion (or the Last Supper) today.

A new commandment I give to you, that you love one another, just like I have loved you; that you also love one another. By this everyone will know that you are my disciples, if you have love for one another. John 13:34–35

These events recorded in Luke 22:19-20 describe the Last Supper and form the biblical basis for the practice of Communion.

A new commandment I give to you, that you love one another, just like I have loved you; that you also love one another. By this everyone will know that you are my disciples, if you have love for one another. John 13:34–35

Maundy Thursday is observed during Holy Week on the Thursday before Resurrection Sunday. Also referred to as "Holy Thursday" or "Great Thursday" in some Christian denominations,

Maundy Thursday commemorates the Last Supper when Jesus shared the Passover meal with his disciples on the night before he was crucified. (Passover is a Jewish holy day that celebrates God's deliverance of the Israelites from their slavery in Egypt.) Jesus Christ's sacrificial role on the cross.

While different denominations observe Maundy Thursday in their own distinct ways, two important biblical events are the primary focus of Maundy Thursday solemnizations:

Before the Passover meal, Jesus washed the feet of his disciples. By performing this lowly act of service, the Bible says in John 13:1 that Jesus "showed them the full extent of his love." By his example, Jesus demonstrated how Christians are to love one another through humble service. For this reason, many churches practice foot-washing ceremonies as a part of their Maundy Thursday services.

Now before the Feast of the Passover, when Jesus knew that His hour had come that He should depart from this world to the Father, having loved His own who were in the world, He loved them to the end.

Jesus knew His timing was near. Don't waste your time. Let's live our lives to the fullest obey God's command like Jesus did. Father's love will never be forsaken.

2 And supper being ended, the devil having already put it into the heart of Judas Iscariot, Simon's son, to betray Him,

Don't allow the enemy to put things in your heart to betray the one who they held Him high, stretch Him wide for you and me- he died. That's love

3 Jesus, knowing that the Father had given all things into His hands, and that He had come from God and was going to God, 4 rose from supper and laid aside His garments, took a towel and girded Himself.

We must have revelation knowledge of our connection and identity with God. In order to do what God asked of us to do in what seemingly is a very difficult moment.

5 After that, He poured water into a basin and began to wash the disciples' feet, and to wipe them with the towel with which He was girded.

When we are emotionally secure in who we are we can serve one another.

6 Then He came to Simon Peter. And Peter said to Him, "Lord, are You washing my feet?"7 Jesus answered and said to him, "What I am doing you do not understand now, but you will know after this."

8 Peter said to Him, "You shall never wash my feet!"

Don't be surprise or take personal when close people resist you when you are trying to be a blessing to them in serving them.

Romans 12:10 Be kindly affectionate to one another with brotherly love, in honor giving preference to one another;

Jesus answered him, "If I do not wash you, you have no part with Me."

9 Simon Peter said to Him, "Lord, not my feet only, but also my hands and my head!" 10 Jesus said to him, "He who is bathed needs only to wash his feet, but is completely clean; and you are clean, but not all of you."

When a person heart is right when you take the time to communicate they usually will receive what you have to say.

11 For He knew who would betray Him; therefore He said, "You are not all clean."12 So when He had washed their feet, taken His garments, and sat down again, He said to them, "Do you know what I have done to you? 13 You call Me Teacher and Lord, and you say well, for so I am. 14 If I then, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet.

Jesus is saying to the disciples and to us-based on who say Jesus is to us we should serve one another on the basis of the revelation that you know Christ to be in your walk with God.

15 For I have given you an example, that you should do as I have done to you.

Jesus modeled Servant- Leadership. Jesus is the Head of the Church. Head of households should model Servant- Leadership in the home, job, etc.

Jesus make it very clear what we should do. We should do what Jesus did to us and for us.

16 Most assuredly, I say to you, a servant is not greater than his master; nor is he who is sent greater than he who sent him. 17 If you know these things, blessed are you if you do them.

Then he said, "Do you understand what I have done to you? You address me as 'Teacher' and 'Master,' and rightly so. That is what I am. So if I, the Master and Teacher, washed your feet, you must now wash each other's feet. I've laid down a pattern for you. What I've done, you do. I'm only pointing out the obvious. A servant is not ranked above his master; an employee doesn't give orders to the employer. If you understand what I'm telling you, act like it—and live a blessed life.

Now that you know these things, God will bless you for doing them.

Now that you know this truth, how happy you will be if you put it into practice!

If you know these things, blessed and happy and to be envied are you if you practice them [if you act accordingly and really do them]. Amp.

Jesus Identifies His Betrayer

John 10:18-19 18 "I do not speak concerning all of you. I know whom I have chosen; but that the Scripture may be fulfilled, 'He who eats bread with Me has lifted up his heel against Me.'

19 Now I tell you before it comes, that when it does come to pass, you may believe that I am He. 20 Most assuredly, I say to you, he who receives whomever I send receives Me; and he who receives Me receives Him who sent Me."

"I am not saying these things to all of you; I know the ones I have chosen. But this fulfills the Scripture that says, 'The one who eats my food has turned against me.'[a] 19 I tell you this beforehand, so that when it happens you will believe that I AM the Messiah. NLT

I am not speaking of and I do not mean all of you. I know whom I have chosen; but it is that the Scripture may be fulfilled, He who eats [a]My bread with Me has raised up his heel against Me.

19 I tell you this now before it occurs, so that when it does take place you may be persuaded and believe that I am He [Who I say I am—the Christ, the Anointed One, the Messiah].



Good Friday

The Crucifixion of Jesus Christ is a central event to the Christian faith.

According to the Christian Gospels, Caiaphas, the high priest of the Roman province of Judaea (now Israel), judged Jesus Christ -- who is recognized as the son of God and the highest among prophets in the Christian faith -- finding him guilty of blasphemy. After sentencing Jesus to death, the assembly of the Jewish priests deferred authority to the Roman governor of the province, Pontius Pilate, who eventually gave in to popular pressure and enforced the death sentence.

Jesus' trial is believed to have been held during what is now the Holy Week, concluding with his crucifixion on the Golgotha (Hebrew), also known as Calvary (Latin). According to the Gospel of John, the Crucifixion occurred on a Friday.

Why is Good Friday referred to as "good"? What the Jewish authorities and Romans did to Jesus was definitely not good (see Matthew chapters 26-27).

Looking at it naturally, that Friday was a horrible Friday all Friday.

Jesus knew this Friday was good because He was doing the will of the Father. Jesus trusted in His Father's love, goodness, and power.

However, the results of Christ's death are very good! Romans 5:8, "But God demonstrates his own love for us in this: While we were still sinners, Christ died for us."

First Peter 3:18 tells us, "For Christ died for sins once for all, the righteous for the unrighteous, to bring you to God. He was put to death in the body but made alive by the Spirit."

Whether or not Christians choose to "celebrate" Good Friday, the events of that day should be ever on our minds because the death of Christ on the cross is the paramount event of the Christian faith.



Dr. Rodney Barlow, Pastor

Jesus Shed His Blood In Seven Places – Each Place for a specific purpose for us.

1. Jesus shed blood at the Garden of Gethsemane.

Luke 22:42-44

41 And He was withdrawn from them about a stone's throw, and He knelt down and prayed, saying, "Father, if it is Your will, take this cup away from Me; nevertheless not My will, but Yours, be done." Then an angel appeared to Him from heaven, strengthening Him. 44 And being in agony, He prayed more earnestly. Then His sweat became like great drops of blood falling down to the ground.

Jesus redeemed Our Willpower. Jesus gave us back our will power.

Through Christ we have power to say no to sin.

YOU RECEIVE POWER TO SAY NO TO YOUR WILL AND YES TO THE WILL OF GOD IN EVERY AREA OF YOUR LIFETODAY, IN JESUS NAME!

2. Jesus shed blood at the whipping post where they laid 39 stripes on his back.

Matthew 27:26

Then he released Barabbas to them; and when he had scourged Jesus, he delivered Him to be crucified.

Jesus was whipped with a cat of nine tails (a whip with nine lashes embedded with bits of metal or bone.

Isaiah 53:5 KJV

"But he was wounded for our transgressions, he was bruised for our iniquities: the chastisement of our peace was upon him; and with his stripes we are healed."

I Peter 2:24

who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness—by whose stripes you were healed.

The curse of sickness is broken by His blood! Jesus redeemed our Health.

Jesus death was to be carried out by crucifixion not by scourging.

John 10:11 Before His arrest He said, "I am the good shepherd: The good shepherd lays down his life for the sheep. . .

John 10:15,17

As the Father knows me and I know the Father; and I lay down my life for the sheep. . . . Therefore My Father loves me, because I lay down my life that I may take it up again. No one takes it from Me, but I lay it down of Myself. I have power to lay itdown, and I have power to take it again. This command I have received from My Father."

Isaiah 53:5 KJV

"But he was wounded for our transgressions, he was bruised for our iniquities: the chastisement of our peace was upon him; and with his stripes we are healed."

Jesus shed bled internally from the intense beating when he was bruised to break every iniquity, to expel the inner drive of sin from my life.

Jesus had internal wounds and bruises.

3. The crown of thorns was placed on Jesus' brow, Jesus shed blood on his head.

Matthew 27:29

When they had twisted a crown of thorns, they put it on His head, and a reed in His right hand. And they bowed the knee before Him and mocked Him, saying, "Hail, King of the Jews!"

The crown of thorns was placed on Jesus' brow, to break the curse of poverty mindset, mental dullness, mental oppression and release me into God's abundance.

Jesus redeemed our peace of mind and healing from all mental torment.

For every diagnosis of the brain Jesus shed his blood for you to have soundness of mind.

No sickness, disease, stress or condition of the mind can hold us back to the glory of God.

4. Jesus shed is blood from his beard.

Isaiah 50:6

I gave My back to those who struck Me, And My cheeks to those who plucked out the beard; I did not hide My face from shame and spitting.

(Facial pain-smile, joy of your countenance back. Face radiate God's glory. Not your story but His Glory.

5. Jesus shed blood when they pierced His hands. His hands were pierced by the nails, to restore total dominion to the works of my hands.

The work of our hands can be blessed because the curse that was on the work of our hands was lifted by His wounded hands. Now everything we do can prosper!

Psalms 22:16

For dogs have surrounded Me; The congregation of the wicked has enclosed Me. They pierced My hands and My feet;

Luke 24:39-40

Behold My hands and My feet, that it is I Myself. Handle Me and see, for a spirit does not have flesh and bones as you see I have." 40 When He had said this, He showed them His hands and His feet.

John 20:24-27

Now Thomas, called the Twin, one of the twelve, was not with them when Jesus came. The other disciples therefore said to him, "We have seen the Lord." So he said to them, "Unless I see in His hands the print of the nails, and put my finger into the print of the nails, and put my hand into His side, I will not believe."26 And after eight days His disciples were again inside, and Thomas with them. Jesus came, the doors being shut, and stood in the midst, and said, "Peace to you!" 27 Then He said to Thomas, "Reach your finger here, and look at My hands; and reach your hand here, and put it into My side. Do not be unbelieving, but believing."

Jesus said to him, "Thomas, because you have seen Me, you have believed. Blessed are those who have not seen and yet have believed."

Jesus redeemed us and gave us power to succeed, prosper, and to flourish in life.

6. Jesus' feet were nailed to the cross, to restore total dominion in my walk.

Psalms 22:16

For dogs have surrounded Me; The congregation of the wicked has enclosed Me. They pierced My hands and My feet;

Romans 16:20

And the God of peace will crush Satan under your feet shortly. The grace of our Lord Jesus Christ be with you. Amen.

Anything that is under your feet is under your power.

ALL YOUR ENEMIES TO BE SUBJECT UNTO YOU IN JESUS NAME!!!

Psalm 84:11

For the Lord God is a sun and shield; The Lord will give grace and glory; No good thing will He withhold From those who walk uprightly.

7. John 19:34 Jesus shed his blood to heal us from a broken Heart

"But one of the soldiers pierced His side with a spear, and immediately blood and water came out".

When Jesus died, the soldiers did not pierce His heart, only His side.

But when they did, blood and water came out, showing that he literally died of a broken heart.

Blood came forth when they pierced his side. It is medically proved that a high level of agony can cause water to collect around the heart.

What was redeemed: wholeness of heart and fullness of joy.

When Jesus first begun His ministry, He said God has sent Him to 'heal the broken-hearted'.

Luke 4:18

"The Spirit of the Lord is upon Me, Because He has anointed Me To preach the gospel to the poor; He has sent Me to heal the brokenhearted.

Jesus knows first-hand of having a broken heart.

Hebrews 4:13-16

Seeing then that we have a great High Priest who has passed through the heavens, Jesus the Son of God, let us hold fast our confession. 15 For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin.

You and I can receive the promise of being healed of a broken heartedness.

Isaiah 61:1-3

"The Spirit of the Lord God is upon Me, Because the Lord has anointed Me To preach good tidings to the poor; He has sent Me to bind up the brokenhearted, To proclaim liberty to the captives, And the opening of the prison to those who are bound;

Isaiah 61:1

The Hebrew word for "broken" in this verse is "shavar" meaning "to burst, break into pieces, wreck, crush, smash; to rend, tear in pieces (like a wild beast). . ."

Luke 4:18

.....He has sent Me to heal the brokenhearted Break in pieces, to break down, crush to tear's one body; to shatter one's strength

Psalms 147:3

He healeth the broken in heart, and bindeth up their wounds. Heal – to mend, to repair, make whole; to sew together;

We do not see it physically, but God is at work sewing you together stitch by stitch so that you receive complete healing and wholeness.

Mending the heart is supernatural work of God.

And WHEN Jesus said 'IT IS FINISHED', showing that the work of redeeming mankind was completed.

The blood of Jesus is the most powerful force in the whole universe.

Abel's blood spoke

Genesis 4:10

And He said, "What have you done? The voice of your brother's blood cries out to Me from the ground.

Life in the Blood

Leviticus 17:11

For the life of the flesh is in the blood, and I have given it to you upon the altar to make atonement for your souls; for it is the blood that makes atonement for the soul.'

Faith in the Blood

Romans 3:24-25

Being justified freely by his grace through the redemption that is in Christ Jesus: 25 Whom God hath set forth to be a propitiation through faith in his blood, to declare his righteousness for the remission of sins that are past, through the forbearance of God;

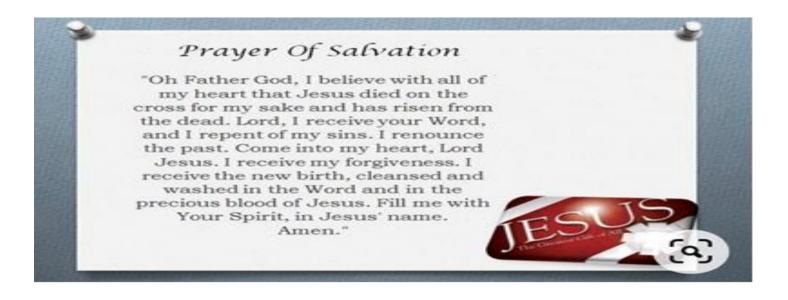
Declare Blood of Christ – bring the life of God on the scene

Hebrews 12:24

And to Jesus the mediator of the new covenant, and to the blood of sprinkling, that speaketh better things than that of Abel

Ephesians 1:7

In Him we have redemption through His blood, the forgiveness of sins, according to the riches of His grace There is power in the blood of the lamb and it is available for you and for me. You can be free in every part of your life and in everything that concerns you because of the blood of Jesus.



BUILDING LIVES FAMILY CHURCH

SATURDAY WORSHIP

Service

5PM

MARCH 2, 9, 16, 23, 30 degree 3 degree

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DR. RODNEY E. BARLOW, PASTOR WWW.CONNECT.BUILDLIVES.ORG



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1 HOUR MEN'S PRAYER POWER CONNECT

SATURDAYS: March 9th & 23rd 7:30 AM - 8:30 AM PRAYLINE: 605-468-8006 ACCESS CODE: 57196#

2ND CHRONICIES 7:14

BUILDING LIVES FAMILY CHURCH

Holy 2 Teek 2024

Maundy Thursday | March 28

Good Friday | March 29

Service will be held nightly at 7 PM

821 WEST TERRELL STREET GREENSBORO, NC 27406 DR. RODNEY E. BARLOW, PASTOR WWW.CONNECT.BUILDLIVES.ORG

Health & Wellnes Corner

Fourteen Foods For The Brain

- Avocados contain Vitamin K and folate that helps to prevent blood clots in the brain protecting against strokes as well as helping improve cognitive function, especially both memory and concentration.
- Beets reduce inflammation, are high in cancer- protecting antioxidants and help rid your blood of toxins.
- Blueberries are one of the highest antioxidant-rich foods including vitamin c and vitamin k and fiber. Protects our brains from degeneration and stress.
- Bone broth is a food that helps heal your gut, boost your immune system, and help improve memory.
- Broccoli has high levels of Vitamin K and choline it will keep your memory sharp.
- Celery has high levels of antioxidants it is loaded with vitamins, minerals, and nutrients.
- Coconut Oil works as a natural inflammatory and can help with memory loss and it destroys bad bacteria in your gut.
- Dark Chocolate has antioxidants and anti- inflammatory properties. It can also help lower blood pressure and improve blood flow to both the brain and heart.
- Egg Yolks contain large amount of choline which helps in fetal brain development for pregnant women.
- Extra Virgin Oil helps fight against ADDLs, proteins that are toxic to the brain and induce Alzheimer's.
- Green Leafy Vegetables loaded with vitamins A and K which help fight inflammation and keep bones strong.
- Salmon helps keep your brain running smoothly and improve memory, can help prevent cancer and kill tumors.
- Tumeric helps boost antioxidant levels and keep your immune system healthy.
- Walnuts have high levels of antioxidants, can help improve your cognitive health.

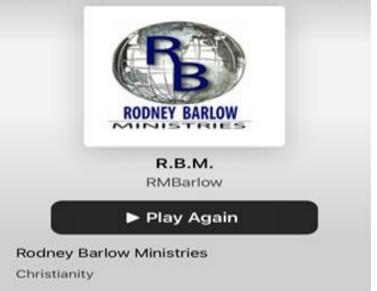
What would happen if you gave up sugar for 2 weeks?

- 1. Your face and midsection will change.
- 2. Improves eyes/brain/arteries/kidneys.
- 3. Decreases urinating at night.
- 4. More energy.
- 5. Cravings between meals go away.
- 6. Less stiffness/pain/inflammation.
- 7. Lose weight.
- 8. Better skin.
- 9. Improves insulin resistance.



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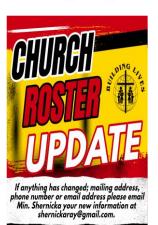
VISION STATEMENT To reconcile people to God in order to fulfill their highest purpose in life. MISSION STATEMENT To build people by proclaiming the Word of God in order to change the world through Jesus Christ.







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The Love of the Cross ~ Bob Gotti

Love my friend, is best described, by The One who came and died. Sent down by The Father's Love, from His Heavenly Throne above. Christ left His Throne in Eternity, and came to earth for you and me. Friend, He came with His life to give, so that all men could truly live.

Because The Father loved us so, God sent His Son for all to know, Whosoever would believe in Him, Christ would wash away their sin, To be remembered by God no more, if you accept His Son as Lord. For His love sent Jesus Christ, to the cross as our atoning sacrifice.

God's Love was sent for all men, who in trespass stood condemned. While we were still sinners friend, Jesus who had no sin died for men.

What better love could there be, than One who died for you and me?

And through the Love of Jesus Christ, He grants all men Eternal Life.

And in His Love God did not leave, all those men who would believe. From them, Christ did not depart, as He sent His Spirit into our heart. The very moment that we believed, The Holy Spirit we then received. The Holy Spirit sent to us by Christ, is a guide and comfort in our life.

The Love God displayed on the cross, was for a world of sinners lost. God's Love is available to anyone, who by faith shall accept His Son. The Love of Christ will never end, and all you do is believe my friend. Then His Love will fill you and me, from the cross through all Eternity.

GOD'S LOVE



WAYS TO GIVE









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- ent (with full name) proving identity and date of birth with full name and full Social Security Number) confirmi Social Security number ts (with current physical address) proving North Carolin residency citizens, one document (with full name) proving legal presence/Jawful status



CHRIST HAS RISEN

Christ lives within our Hearts and he has R isen from the dead I norder to offer us Salvation and eternal life Today and forever more.

He's our Savior and A lmighty God, forgiving of S ins and cleanses our souls.

R emembering always that he Is our Father and S aves us for all E ternity and he will N ever turn his back.

